



Multi-Stroke (Fly, Back & Breast) Swim Clinic

With Masters World Record Holder Karlyn Pipes

Sunday, March 25, 2018 from 1:00pm – 4:00pm

Hosted by: New Jersey LMSC

Learn the EASY way to swim BACK, BREAST, and oh-so-hard BUTTERFLY!

The benefits to taking an Aquatic Edge clinic are many:

- The teaching methods Karlyn uses are **simple**, easy to understand and fun!
- A great way to improve or even **learn the "OTHER" strokes**
- After one clinic you will know how to swim fly, back, & breast **faster w/LESS effort**

Location: Somerset Hills YMCA 140 Mt. Airy Road Basking Ridge, NJ 07920

About Karlyn: Lives in Kona, Hawaii and is known world-wide for being an accomplished swimmer having set over 220 FINA Masters World records to date and in 2015 was inducted into the International Swimming Hall of Fame. However, she is equally as talented as an instructor and travels the world using her high energy to deliver a fun and informative clinic woven with personal experience.

This clinic is being offered at a substantial discount from Karlyn and further subsidized by the NJ LMSC so that your cost is only \$50!!! This is an amazing opportunity for the members of our NJ LMSC!! Space is limited to only 30 swimmers in each clinic session, so sign up early! If you sign up for BOTH Faster Freestyle and the MultiStroke Clinic, then your cost is \$75.

You can register by sending the completed form with check made payable to "NJ LMSC" to: **Susan Kirk 11 Waldon Road Califon, NJ 07830**

For any questions about the clinic email Susan Kirk: sqkirk@gmail.com

Pre-order Karlyn's Go Swim Instructional DVD & pay only \$30 or purchase at clinic for \$40

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Multi-Stroke Clinic: Sunday March 25, 2018 from 1:00pm-4:00pm at Somerset Hills YMCA

First Name: _____ Last _____ Age: _____

Address _____ City _____ State _____ Zip _____

☎ Phone: () _____ Email _____ 2018 USMS # _____

Emergency contact info: _____

Please identify one goal for the clinic: _____

Cost: \$50 : \$75 (both clinics) Pre-order Karlyn's Instructional DVD for \$30 (save \$10!) Total _____

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